



### **Ministry of Health and Social Services**

### **Republic of Namibia**

Outbreak Name	COVID-19 outbreak	Country affected	Namibia
Date & Time of this report	27.05.2020 22:50 hrs	Investigation start date	13 March 2020
Prepared by	Surveillance Team		1

# 1. SITUATION UPDATE / HIGHLIGHTS

- No new confirmed case was reported today (28 May 2020).
- Cumulatively, 22 confirmed cases have been reported in the country, of which fourteen (14) have recovered.
- Supervised quarantine for all people arriving from abroad for 14 days is ongoing.
- The National Rapid Response Team deployed in Karas Region trained health workers in Karaburg, and Keetmanshoop on surveillance, infection prevention control, and case management.

# 2. BACKGROUND

### **Description of the cases**

- Index cases: Two confirmed cases of COVID-19 were reported in Windhoek district on 13 March 2020. The married couple; a 35-year-old male and a 25-year-old female, arrived from Madrid, Spain on 11 March 2020.
- Total number of imported cases currently stands at 19 while 3 cases are local transmissions.
- There is no evidence of community transmission in the country at the moment.

Reporting region	Total Cases	New cases	Active cases	Recovered	Death
Khomas	11	0	2	9	0
//Karas	3	0	2	1	0
Erongo	6	0	2	4	0
Hardap	2	0	2	0	0
Total	22	0	8	14	0

Table 1: Confirmed cases by region as of 27 May 2020

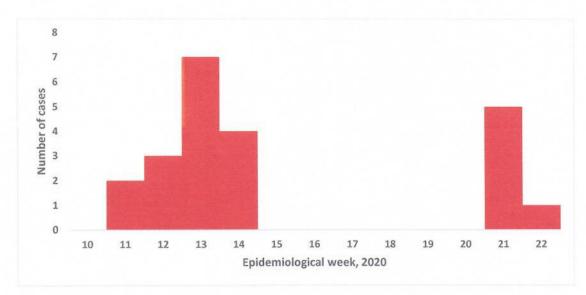


Figure 1: Epi-curve for confirmed COVID-19 cases in Namibia as of 27 May 2020

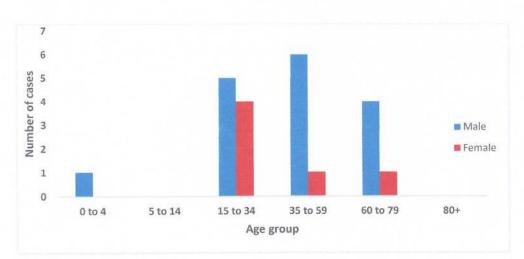


Figure 2: Age and sex distribution for COVID-19 confirmed cases in Namibia as of 27 May 2020

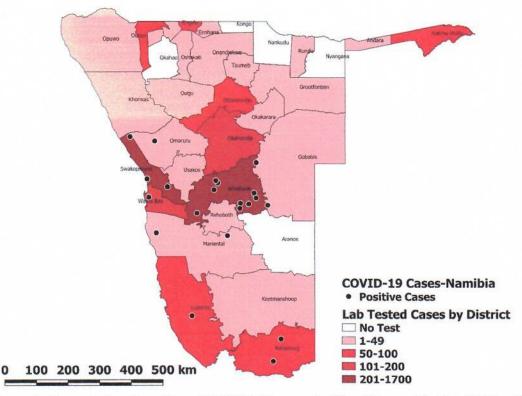


Figure 3: Suspected and confirmed COVID-19 cases in Namibia per District, 27 May 2020

# 3. PUBLIC HEALTH ACTION / RESPONSE INTERVENTIONS EPIDEMIOLOGY & SURVEILLANCE

• Case definitions as of 20 March 2020:

# Suspect case:

A. A patient with acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath), AND a history of travel to or residence in a location reporting community transmission of COVID-19 disease during the 14 days prior to symptom onset; OR

B. A patient with any acute respiratory illness AND having been in contact with a confirmed or probable COVID-19 case in the last 14 days prior to symptom onset; OR

**C**. A patient with severe acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath; AND requiring hospitalization) AND in the absence of an alternative diagnosis that fully explains the clinical presentation.

**Probable case:** A suspect case for whom testing for COVID-19 is inconclusive. Inconclusive being the result of the test reported by the laboratory

**Confirmed case:** A person with laboratory confirmation of COVID-19 infection, irrespective of clinical signs and symptoms

### Active surveillance working case definition as of 20 April 2020

A patient diagnosed with Upper/Lower Respiratory Infection (Mild or Severe) presenting any of the following signs and symptoms: cough, sore throat, fever, chills, myalgia/body pains or shortness of breath in the past 7 days.

- Surveillance activities
  - Call centre continue operations for 24 hours every day; 819 calls answered at the hotline today (27.05.2020) and 19 alerts investigated.
  - Data entry is ongoing, realtime data dashboard will be launched on 1 June 2020.
  - Active case search in all regions is ongoing.
  - Contact tracing and monitoring is ongoing (see table 2).
  - People under mandatory quarantine are being monitored daily (see table 3) and are being tested on day 12 before release on day 15 if they test negative.
  - Plans are underway to conduct online Data management training early June.

### **Contact tracing Summary**

### Table 2: National contacts tracing summary for COVID-19 as of 27 May 2020

Variables		Medium	Low	Total	
Total Number of contacts listed for follow up (potential)	95	63	190	348	
Total Number of contacts identified (cumulative)	95	63	174	332	
Total number of Contacts never reached	0	0	16	16	
© Total Number of contacts lost to follow up	0	2	5	7	
Total Number of contacts that developed signs & symptoms	26	8	7	41	
Total Number of contacts that tested positive (became cases)	3	1	0	4	
*Total Number contacts without signs & symptoms TESTED	20	5	27	52	
Number of active contacts monitored/followed in the last 24hrs	24	6	50	80	
Total number of Contacts completed 14-days follow up	65	57	119	241	

\*Number of contacts without signs & symptoms that were tested. One tested positive.

© Seven contacts are lost to follow up, all are non-Namibians and have travelled back to their countries of origin.

Region	Newly quarantined 24hrs	Cumulative number of people	Number of people discharged	Number of people in quarantine now
Kunene	0	52	42	10
Omaheke	1	57	44	13
Kavango	0	13	4	9
Omusati	0	81	67	14
Oshana	0	18	6	12
Ohangwena	0	138	114	24
Hardap	1	134	115	19
Otjozondjupa	0	296	215	81
Khomas	0	426	307	119
Zambezi	0	247	134	113
//Karas	0	190	99	91
Erongo	3	70	46	24
Total	5	1722	1193	529

Table 3: Number of people in mandatory quarantine facilities as of 27 May 2020

Table 4. Distribution of truck drivers who came into Namibia from neighboring countries and their destination regions on 27 May 2020.

Destination	Country of departure					
	South Africa	Zambia	Botswana	DRC	Angola	
Karas	48	0	0	0	0	48
Khomas	68	0	0	0	2	70
Oshana	6	0	0	0	0	6
Otjozondjupa	5	0	0	0	1	6
Kavango	0	0	0	0	0	0
Ohangwena	2	0	0	0	0	2
Hardap	5	0	0	0	0	5
Kunene	1	0	0	0	0	1
Omaheke	0	0	0	0	2	2
Omusati	1	0	0	0	0	1
Oshikoto	3	0	1	0	0	4
Zambezi	0	0	0	0	0	0
Erongo	15	37	0	3	0	55
Total	154	37	1	3	5	200

### LABORATORY INVESTIGATIONS

• As of 27 May 2020, a total of 3351 (including 170 re-tests) COVID-19 specimens were tested in the two laboratories (NIP and Path Care) as per table 5 below:

# Table 5: COVID-19 specimens recorded at NIP and Path care Laboratories as of 27 May2020

	Laboratory				
Variables	NIP	Path care	South Africa	Total	
Total sample received by the Laboratory	2579	838	-	3417	
Total sample tested	2375	806	-	3181	
Total sample re-tested	146	24	-	170	
Total results positive	15	6	*1	22	
Total results negative	2360	800	-	3160	
Total sample discarded	58	8	-	66	
Total results pending	0	0	-	0	
Total results inconclusive/indeterminate	0	0	-	0	
Total new suspected cases in last 24 hours	87	61	-	148	

\*I Patient specimen collected and tested in South Africa, he travelled back before results came out

#### **COORDINATION AND LEADERSHIP:**

• Feedback meetings of pillar leads and Incident Manager (IM) are ongoing (3 times a week), to share accomplishments and to address key challenges.

### CASE MANAGEMENT:

- Conducted a simulation/drill at Windhoek Central Hospital COVID-19 ICU to assess the readiness of the health care workers on 23 May 2020.
- Out of the 22 cumulative confirmed cases, 14 have recovered after testing negative twice for COVID-19 at 48 hours' interval.
- Of the 8 active cases, 1 is critically ill in ICU. The 7 are all clinically stable.

# INFECTION PREVENTION AND CONTROL:

- IPC activities are on going as part of IPC preparedness plan;
  - o Distribution of PPE according to Regional plans
  - Observed IPC readiness in the Windhoek Central Hospital COVID-19 ICU during the simulation exercise conducted on 23 May 2020.

# LOGISTICS.

- Facilitation of the allocation of quarantine facilities in the country and transportation for discharged people from quarantine facilities is ongoing.
- Provision of commodities' specifications and verification for procurement is being done regularly.
- Distribution of PPEs to the regions

# **POINTS OF ENTRY:**

- Screening and inspection of incoming travellers and trucks at points of entry and check points is ongoing
- Plans are underway to prepare the regions to collect and submit daily reports at the points of entry.
- SOP for management and monitoting of cross border road transport at designsted Points of Entry and COVID-19 checkpoints finalised
- Checklist for assessment of quarantine facility at ground crossing drafted.

# **RISK COMMUNICATION AND COMMUNITY ENGAGEMENT:**

- The COVID-19 Communication Center continues to update the public on the status of COVID-19, the impact on different sectors and address rumours around COVID-19.
- A total of 110 000 copies of flyers on COVID-19 facts have been printed and the distribution has commenced especially to the schools that are due to open
  - These copies are translated into 8 local languages.

# **PSYCHOSOCIAL SUPPORT SERVICES:**

• Continous provision of health education, psychosocial support services, as well as food to people in need of shelter.

# 4. CHALLENGES:

- Inadequate isolation units at health facilities in the regions.
- Insufficient PPE and swabs for sample collection from suspected cases identified through active case search in some districts.
- Inadequate nasopharyngeal swabs and appropriate transport media.

# 5. RECOMMENDATIONS AND WAY FORWARD:

- Establish fully equipped isolation units at health facilities in the regions.
- Logistics pillar to continue with the procurement and distribution of sufficient PPE to the regions to ensure that response is not interrupted.
- NIP to continue sourcing for swabs and appropriate transport media for all districts.

**Approved:** >le PP JAN ano Incident Manager

Date: 27 May 2020

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